



PRESENTATION SKILLS: Telling Your Story

FEB 6
FEB 13
2020

PANEL QUESTIONS

EMPLOYMENT

- I'm OPEN TO LEARNING NEW THINGS.
- I WANT A FAIR & FIRM BOSS WHO LISTENS AND UNDERSTANDS... AND RESPECTS OUR NEEDS
- SOME DREAM JOBS: MY OWN RESTAURANT, VOICE OVERS, GIVE MONEY BACK TO LESS FORTUNATE, WRITE A BOOK, OWN A WRESTLING ORGANIZATION, WORK IN A PET STORE!

DIVERSITY

- I FEEL INCLUDED WHEN I FEEL I CAN CONTRIBUTE
- I'VE FELT NOT INCLUDED:
 - TREAT ME LIKE AN ADULT - SEE ME & HEAR ME
 - THE JOB WASN'T A FIT, SO I LEFT
 - I WAS LEFT OUT. I WAS IN A WHEELCHAIR

BE INCLUSIVE
WE'RE ALL HUMAN
JUST LIKE YOU
WE ALL HAVE OUR
OWN TALENTS
BE MINDFUL OF
YOUR LANGUAGE
NO 'R' WORD
SHOULD BE HEARD

SIGN UP
AS A
PANELIST



COMMUNITY ACCESS

- NO STICKER? TICKET OR TOW CARS THAT DON'T BELONG IN THE HANDICAPPED SPOTS
- REALIZE WE ARE IMPACTED BY CUTS & CHANGES
- APPROACH US & ASK 'HOW CAN I HELP YOU?' DON'T ASSUME OUR ABILITIES.

COMMUNITY LIFE

- OUR CONTRIBUTIONS MAY LOOK DIFFERENT, BUT THEY ARE STILL VALUABLE
- BUILDING COMMUNITY IS IMPORTANT
- WE NEED ADVOCATES



Sue Fody
GOT IT. LEARNING DESIGNS
WWW.SUEFODY.COM

WHO ARE YOU?

- ### Education
- High school
 - Community college
 - Graphic design
 - Architectural design
 - Culinary school

What else about me

- I'm silly
- I like dogs
- I don't judge people
- I am friendly
- I am funny
- I don't like racists & bullies
- I like to have fun
- Accept me for who I am
- I am classy with a side of sassy

What I did well

- I projected well
- Open body language
- Good eye contact
- Breathe to relax
- Smile
- Show passion
- Confident
- Good energy



PRESENTATION TIPS

BE YOU

SPEAK CLEARLY



EYE CONTACT

NO FILLER WORDS
AH... UM...
SO... UM...
ACTUALLY
YA KNOW...

WEAR THE RIGHT CLOTHING



SO WHAT CAN YOU DO?



POWER POSE



LEAN OVER - LET THE BLOOD GO DOWN



BREATHE 6-3-6

ASK FOR HELP FROM PEOPLE YOU TRUST

MAKE THINGS COMFORTABLE FOR YOU

FACE YOUR FEARS
KEEP GOING
DON'T GIVE UP!

WHY ARE YOU HERE?

- COMMUNITY SUPPORT... MY BACKBONE
- I HAVE A LOT TO SHARE
- LEARN HOW TO TALK ABOUT MYSELF
- TO LEARN
- HELP THE COMMUNITY UNDERSTAND ABOUT DISABILITIES

WHAT ARE YOUR FEARS?

- MY VOICE WILL SHAKE
- I MIGHT HAVE A SEIZURE
- MY FACE WILL GET RED
- I WILL FORGET WHAT I WAS GOING TO SAY
- PEOPLE ARE STARING AT ME
- UNFRIENDLY ENVIRONMENT
- MY HEART BEATS REALLY FAST

